

Duquesne University

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Honors College Portfolios

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Summer 2022

### Maura O'Neill's Portfolio

Maura O'Neill

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This portfolio consists of works that I have completed during my time in the School of Nursing at Duquesne University. The portfolio consists of blogs, brochures, posters, reflections, and more that encapsulate not only my nursing curriculum but my public and global health minor. Each element of this portfolio demonstrates my knowledge, passion, and interest in nursing with a focus in public/global health. A Bachelor of Science in Nursing curriculum consists of science-based courses and clinical experience. Aside from the tedious and rigorous nursing courses, public health courses can be added to further educate nursing students. Being able to understand how to effectively understand and communicate public health issues can be beneficial as a nurse and can open varying job opportunities. Public health, especially during the times of COVID-19, has been proven how important it is. Education to patients, prevention programs, and more are shown in this portfolio. The majority of the work highlighted in this portfolio comes from the required public and global health courses; along with work from my Honors courses that also are focused on health related topics.

This portfolio serves as a glimpse into the RN-BSN student's curriculum with a minor in Public Health and Global Health. I can confidently say that these minors have enriched my college experience and allowed me to be more knowledgeable as a nursing student. I hope to work in public health and feel that Duquesne's curriculum has adequately prepared me. Overall, this portfolio highlights the effort put forth in courses and knowledge gained.

This portfolio includes the following works by Maura O'Neill:

**Diabetes Information** – Prevention Brochure - This brochure is aimed at young/middle adults to spread awareness regarding type II diabetes. It includes facts, signs, symptoms, and prevention programs aimed at public health awareness.

**Diabetes Reflection**- Poster- This poster and reflection highlights diabetes prevalence globally. This was completed for a Global Health course regarding spreading awareness about a global health issue. It includes information regarding costs, class, and accessibility about type II diabetes.

**Public Health Program**- Walking Program- This piece is a write up for the Public Health course. It is an idea/design for a six-week walking program in Allegheny County. The program is aimed at those with reduced physical activity and is a solution for the high death rates related to poor health/diet in the Pittsburgh area.

**Public Health Project** – Teenage Pregnancy – This is a project completed for a public health course. It is a group project that analyzes teenage pregnancy: prevalence, costs, education, history, and more.

**Epidemiology** – Zip-Code Project- This is a project completed for an epidemiology course. It is based on Canonsburg, PA, and the surprisingly high rates of a rare-form of bone cancer- Ewing's Sarcoma. It analyzes potential reasonings but looks at various perspectives.

**Nursing Burnout** – Capstone Project – This piece consists of annotations analyzing multiple sources regarding nursing burnout rates. It is a group project that was completed for a health science course. The Capstone Project analyzes if nursing burnout affects the quality of patient care and how we can solve this ongoing problem.

**Telehealth COVID-19** – Literature Review- This is a literature review that was completed for an Honors course. It is a literature review consisting of annotations in order to discover information regarding the effectiveness of telehealth in the time of COVID-19 lockdowns.

**Blog** – Daily Dialysis Details- This is a blog that was completed for an Honors course. It is a blog that consists of general information regarding the two types of dialysis and personal stories.

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Nursing

Public Health

Community Health and Prevention Medicine

Public Health and Community Nursing

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