

6-2012

## About Anima Una

Follow this and additional works at: <https://dsc.duq.edu/anima-una>

---

### Recommended Citation

(2012). About Anima Una. *Anima Una*, 64 (64). Retrieved from <https://dsc.duq.edu/anima-una/vol64/iss64/3>

This Front Matter is brought to you for free and open access by the ID and Anima Una at Duquesne Scholarship Collection. It has been accepted for inclusion in Anima Una by an authorized editor of Duquesne Scholarship Collection.

## ANIMA UNA

*Anima Una* is a Spiritan Generalate publication which continues the series Information/Documentation (I/D). It is a tool for formation, initial and ongoing. The name *Anima Una* taken from the Congregation motto clearly indicates the aim of all our formation programmes, to reach that unity to which Jesus calls his disciples.

The present issue on Spiritan Priests was inspired by the Year of the Priest (2009-2010) and the realization that the majority of Spiritans are in fact priests. It is the product of collaboration between the General Council and three confreres all of whom are formators, theology teachers and of long missionary experience.

As a tool for reflexion individually or in groups it is laid out in different chapters. At frequent intervals throughout the text a series of questions appears. The questions are designed to help an individual or a group to reflect more deeply on the text which has just been read.

Various dynamics could be used to work in groups.

- For example, a large community could together read a section of the text and then break into small groups to work on the questions. In this case the work groups could come together to the large group and share their findings. The whole exercise could be enriched by a prayerful atmosphere.
- A small community could do the reading and the group-work without dividing up.
- In an initial formation community this *Anima Una* could be used as a normal part of the spiritual formation of candidates.
- It could also be used by the Council of a circumscription or any leadership group in the Congregation.