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Food for Thought

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Food for Thought



St Teresa of Calcutta, aka Mother Teresa, had a favourite motto – a motto she borrowed from another St Theresa – the Theresa who has come to be known as the Little Flower:

“Do small things with great love.”

Answering the accusation that she never dealt with the root causes of poverty she replied:

“The people I serve are helpless. They cannot stand. They cannot hold a fishing rod. I will give them food and then send them to you so you can teach them how to fish.”

On the issue of poverty she did say:

“The poverty of being unwanted, unloved and uncared for is the greatest poverty.”

If you came into the world
and nothing changed
... why did you come?

If you came into this world
and one person is better
because of you
... thank you for coming.

Retreat Group Discussion



We are pilgrims en route to God. Being “church” means that we are to be God’s leaven in the midst of humanity: a place of mercy freely given – where everyone can feel welcomed, loved, forgiven and encouraged to live the gospel.

Pope Francis

It is only in the teaching of an outward-turned Christianity that we have any hope of achieving a Christianity. An inward-turned Christianity is a dangerous counterfeit, an alluring masquerade ... is no Christianity at all. For someone to embrace Christianity for the purpose of self-fulfillment or self-sanctification or self-salvation is, I think, to betray or misunderstand Christianity at its deepest level.

Vincent Donovan CSSp

