Saint Vincent College in Latrobe admitted its first class of women in 1983, and in August 2008 the faculty, staff, and administration gathered in the gymnasium of the Robert S. Carey Center on the campus to acknowledge the 25th anniversary of co-education at Saint Vincent. This marked the most significant change in the history of the college, but there were other alterations in campus life, although not as important as the admission of women. The manner in which freshmen were introduced to college life also underwent some changes.

Founded in 1846 by the German monk Boniface Wimmer, Saint Vincent College had trained generations of male students. Within this masculine environment, certain traditions and customs became established which reflected the character of the student body and the sense of masculine fellowship. Some did not last long, but others survived. Freshmen on most college and university campuses endured a ritual of welcome commonly known as “hazing,” but because of abuses this questionable ceremony of initiation has been either banned or closely regulated at American institutions of higher education. At Saint Vincent College, this practice was known as “Rules.” With the support of the college administration, the student government oversaw this attempt to integrate the new students into the general population. The wearing of name tags which also identified the student’s hometown, funny hats (“dinks”), and a long list of “Rules” regulated the life of the new freshmen. Some of these regulations might even appear to mirror the juvenile activities of the movie Animal House, but there were positive aspects of this practice such as social events with other colleges and trips to Pittsburgh for baseball games. One individual, a senior in 1965, recalls that the “goal was to give the new students a taste of the campus and contact with upperclassmen who took care to help freshmen navigate this new world.”

Today students at Saint Vincent are introduced to the college life through a process called Freshman Orientation. The new student at Saint Vincent College begins his/her initiation into collegiate life during the summer before classes begin, and the program continues throughout the first semester. These students learn about social activities, academics, support systems, academic policies, and school regulations through meetings with college officials and the older students. They are introduced to members of the college administration, faculty of their academic department, and upperclassmen who serve as mentors. Moreover, on their first weekend on campus, today’s Saint Vincent students also take part in community service activities which introduce them to the Benedictine value of helping others.

The current practice of Freshman Orientation, consequently, stands in stark contrast with the custom of “Freshman Rules” which had been designed for the insular and all-male environment of Saint Vincent College. These “Rules” had been modified throughout the twentieth century and eventually discontinued after the fall of 1965 when the faculty began to voice concern over the appropriateness of some of the practices, to which they attributed a “barracks mentality.” The last student chairman when “Rules” still governed the initiation into college life successfully recommended to the college administration that hazing and “Rules” be discontinued because of faculty opposition and changing societal attitudes toward such practices. But memories of this experience are still the subject of lively discussions when alumni gather to reminisce.

Saint Vincent Freshman Rules of 1937, 1941, and 1952, which are reprinted below, might today provoke laughter and disbelief. American colleges and universities had similar initiation rites and practices for incoming students which have also been modified, and times have also changed at Saint Vincent College. During the 1960s, for example, the word Orientation replaced the more severe term Rules as the description of the program which introduced the freshmen to college life. The traditions of the past, however, provide an interesting insight into college life at Saint Vincent during that period of its history when “Freshmen Rules” were an integral part of introduction to collegiate life at Latrobe.
An Old Tradition and a New Beginning: The Evolution of Freshman Orientation at Saint Vincent College (continued)

1937

**ST. VINCENT COLLEGE—LATROBE, PA. 1937**

**STUDENT HANDBOOK**

**THE VINCENTIAN**

**ST. VINCENT COLLEGE—Latrobe, Penna.**

**1941**

**ST. VINCENT COLLEGE**

**STUDENT HANDBOOK**

**1952**

**STUDENT HANDBOOK**

**FRESHMEN RULES**

1937 - 1953

To all Freshmen:

The following rules will go into effect 8:00 A.M. Wednesday, September 17, and remain in force for the entire year.

**RULES**

1. Freshmen shall keep their hands out of their pockets at all times.

2. Freshmen are not permitted to enter at the College gates under the archway, the Triangle, the Crossroads, the Bridge, or at the intersection of Main and Ligonier Streets in Latrobe.

3. Freshmen shall at all times keep to the paths and off the grass, except when engaged in an athletic contest.

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1941 - 1953

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