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## Back Cover: The Cupped Hand – a Place of Growth

Jean Vanier

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## The Cupped Hand – a Place of Growth

I hold in my hands a small wounded bird.

If I close my hand tight — the bird will be crushed and die.

If I open my hand fully — the bird will try to flutter its wings and will fall and die.

If I cup my hand around it — neither totally open nor totally closed — healing can take place.

— *Jean Vanier*