Silence

Cothrai Gogan C.S.Sp.

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Gary Warner

We see our role as bringing the Spiritan charism and spirituality to the areas of secular life in which we are involved as lay people.

Portugal. For many years the Spiritans have also provided us with a priest for a small monthly home worshipping community – we are grateful for these privileged moments of prayer and intimate sharing. As the outcome of our largely life-based formation, we were led by the Holy Spirit to make a lifelong commitment as Lay Spiritans. We see our role as bringing the Spiritan charism and spirituality to the areas of secular life in which we are involved as lay people.

Silence

Some things require an emptiness
a space of silence
a nothingness:
like shells that whorl and twirl
around a curved naught
or bubbles blown
that float
bared in the sunlight
flashing light signals
resting on a bloom
one borrowed moment

Some things require an emptiness,
a round of space
a little silence – me.

Or think of atoms
set in phantasmagoric speed and space
electrons aeons apart
infinitesimal ultimates
ringing inner void
zero essentiality…
you

Some things require an emptiness
a round of space
a little silence
even to be.

Cothrai Gogan, C.S.Sp.

Cothrai Gogan, C.S.Sp., is a Spiritan of the Irish Province. He has worked as a missionary priest in Nigeria, Ivory Coast, Tanzania, Mauritius and Kenya, where he is currently chaplain at Star of Hope Children’s Home in Ruiru. Cothrai has published a number of works of poetry and prayer including God Knows: A Journal of Sorrow, Poems of Prayer, Come Deaf Now Hear, Something Else and Hymns of the Universe.

“The sense of a vessel is not in its shell but in the void”

Dag Hammarskjöld