

Spiritan Magazine

Volume 34
Number 1 *Spring*

Article 11

Spring 2010

Food for Thought

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Recommended Citation

(2010). Food for Thought. *Spiritan Magazine*, 34 (1). Retrieved from <https://dsc.duq.edu/spiritan-tc/vol34/iss1/11>

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They speak of a God who thunders, but I have met a God who soars and floats and ripples in the moist air. And again I know: I am a feather on the breath of God.

Mary Malone



If you knew I was hungry you would do everything you could to help me. If you knew I need clothing, you would do all you could to help me. But for some people, if they can't eat they don't have anyone to help them. If they don't have clothes or if they can't send their children to school, or they can't pay their rent, they can't do anything. They are alone... That is why I try to use all of my contacts and resources to help others.

Joseph Philippe CSSp

Everything we have, we receive. Everything is gift. Our responsibility is, first, to receive the gift; second, to foster and cherish it so that it shapes our lives; third, to pass it on, to recycle it — and our lives — for the benefit of others.

Anthony Gittins CSSp



In Palman, Santa Cruz, where the streets have no names, neither do the children. They sometimes don't name a child until at least four or five. No point in getting attached. 1 in 5 little ones does not make six years.

Eugene Harrington



The visions we offer our children shape the future. It matters what those visions are. Often they become self-fulfilling prophecies. Dreams are maps.

Carl Sagan

Mourning is one thing. Making sure life triumphs over destruction is the focus.

Michaëlle Jean