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Back Cover: Meditation on Space

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Meditation on Space

Modern science now knows
what sages of old have always known:
that, in the body, there is more
space than matter.

Consider
the space between the atoms.

then think of the gaps in things:
thought leaping across the rift
between synapse and dendrite,
the nine bodily orifices
holes in a human flute,
an invisible breath playing
through the emptiness,
chasms in communication
when no words seem to bridge the divide.

and for what do I make
space in my life? Reflection:
the filling of pauses with pondering.

Sleep: the dreamscape
where images can float
in a vacuum of nonsense and memory.

Walking in nature,
open fields under endless sky, pockets
of forest in the dense and droning city.

Silence:

The pause at the top of breath —

longing for the gasp to escape
and sing out a breathy tone:

exhale let go make even more space

— Katie Marshall Flaherty